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Medicine Dance: One Woman's Healing Journey into the World of Native American Sweatlodges, Drumming Meditations and Dance Fasts

By Marsha Scarbrough

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Medicine Dance: One Woman's Healing Journey into the World of Native American Sweatlodges, Drumming Meditations and Dance Fasts, Marsha Scarbrough, Prompted by a bad mammogram, Marsha Scarbrough, a middle-aged divorcee with a downhill career in film production, sought healing from Native American mystic Joseph Rael, also known as "Beautiful Painted Arrow". The amazing result of his treatment inspired Marsha to begin an apprenticeship in this ancient tradition. In her engaging narrative memoir, Marsha shares the wisdom gained from her experiential participation in Native American shamanism and illustrates the relevance of its ancient teachings to contemporary life. Though the "lessons" of Medicine Dance have similarities to the material presented by Don Miguel Ruiz, Carlos Castaneda and Lynn Andrews, they are embedded in a fast-paced narrative memoir that covers the ground of ordinary life- relationships, co-dependency, work and health problems. Marsha's story proves that if she can walk this path, anyone can. Medicine Dance is a finalist in the USA Book News National 2007 "Best Books" Awards in the New Age Non-Fiction category.



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Reviews

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