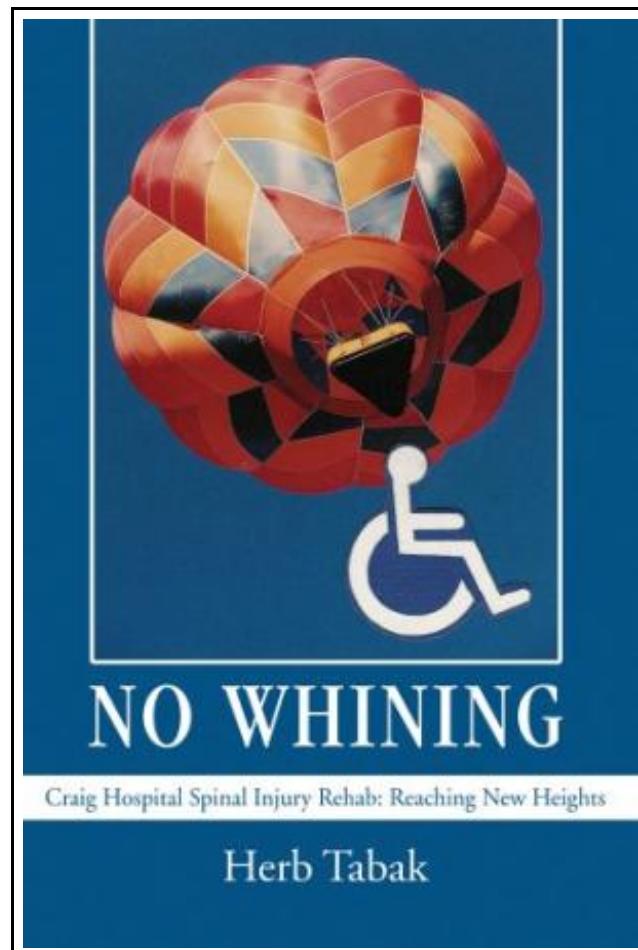


## No Whining: Craig Hospital Spinal Injury Rehab: Reaching New Heights



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*An extremely awesome publication with lucid and perfect explanations. It is actually written in basic phrases rather than confusing. You will like how the writer publish this book.*  
*(Melody Jakubowski)*

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iUniverse, Inc. Hardcover. Book Condition: New. Hardcover. 170 pages. Dimensions: 9.1in. x 6.1in. x 0.8in. No Whining is one mans gut-wrenching yet humorous account of his eight-week journey through Craig Hospitals Spinal Cord Injury (SCI) rehabilitation program. Paralyzed from the waist down, author Herb Tabak credits Craigs no nonsense rehabilitation philosophy as a major factor in the progress he has made to date towards recovery. Tabak relates the range of adventures he experienced while an SCI patient at Craig Hospitals world-renowned spinal cord injury rehab program in plain, easy to understand language. In pointing out the reasons that make Craig Hospital unique, No Whining covers a diverse spectrum of topics, including: The Reality of Spinal Cord Injury The Craig Philosophy Physical Therapy Occupational Therapy Therapeutic Recreation Facing the Real World Craig Research Craig Graduates Stories Over 30 PhotosIllustrations No Whining is an inspirational resource for anyone with an interest in Spinal Cord Injuries. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Hardcover.

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