



Journal Your Life's Story: Birds of Spring Watercolor Journal, Lined Journal, Diary Notebook 6 X 9, 180 Pages (Paperback)

By Journal Your Life's Story, Diary Journal Press

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Why keep a Journal? For ages, the wisest teachers in history have taught that Knowledge is Power, and to Know Thyself gives you Courage, Inner Peace, and Complete Control over your emotions. To journal is to spend the time it takes to really get to know You. To finally learn all the lessons that are hiding in your past experiences. To record your most treasured memories. To get crystal clear on Who You Are, so that you know where you stand in any situation. Because in order to go ANYWHERE and change ANYTHING in your experience of life, you have to first know EXACTLY where you're coming from. Journaling is the key to unlocking the You that you're meant to be. Emotionally Clear. Solid. Happy. and Peaceful. Maybe you've got big things in your future, and Your Journal is how you'll take the incredible ideas spinning around your mind and organize them into the game plan that will guide you to success. And as you fill page after page with the epic story of...

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