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By Juliana Baldec

Createspace, United States, 2014. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book ***** Print on Demand *****.Hi NutriDiet Smoothies Fans! Book 1: Clean Eating: 17 Eating Clean Drinking Clean Recipes With High Speed Blenders Book 2: Blender Recipes For Weight Loss: 16 Blender Recipes For Smoothie Diet Detox Diet Book 3: Juicing To Lose Weight Book 4: Juicing Recipes For Vitality Health Book 5: Paleo Is Like You You will love discovering some new smoothie recipes that you might add to your Nutri Diet. Consider these healthy scrumptious smoothies to spice up any boring diet and finally get the results you want. Forget the old concept because there is no need to waist your time in the kitchen with old school recipes that take too long to make. There is every reason to make smoothies the new and 5 minute quick way so that you will gain more time out of your day and your life! This compilation will give you some amazing insights into the wonderful world of Smoothies, the healthy Smoothie lifestyle, and how you can connect your diet goals with the Smoothie lifestyle in order to achieve your dream figure and...



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